

The background of the entire page is a blue-tinted photograph of a person wearing a white lab coat, a white face shield, and a white surgical mask. The person's eyes are visible through the face shield. The image is slightly out of focus, emphasizing the text in the foreground.

A COMMONSENSE PLAN FOR COVID-19 TESTING TO MEET OSHA STANDARDS

Your organization now depends on weekly COVID testing to keep the doors open. Let's take OSHA's overwhelming regulations and give you a step-by-step plan for success.

How to document weekly tests, what tests to use, how to remain productive, and all the "what ifs" answered simply by Mobile Health.

BROUGHT TO YOU BY

Mobile  Health

"It is estimated that the ETS will **prevent over 6,500 deaths** and over 250,000 hospitalizations."

- OSHA

A COMMONSENSE APPROACH

We believe in simplicity. This plan makes weekly testing a seamless tool for OSHA compliance — enabling employees to be tested in under 3 minutes and back to their workday. On-site testing ensures you have the documentation you need, right when you need it for OSHA compliance. We have step-by-step recommendations for how and when to test with speed, accuracy, and cost-effectiveness.



WE TAKE CARE OF EVERYTHING

Whether it's a break room, parking lot, or office — we can make any space test ready. Our on-site teams accommodate for multiple shifts and are built for 24/7 service. We are an end-to-end operation backed by 38 years of clinical excellence. This means from patient arrival to result notification, we handle all the details — providing the staff, supplies, and technology for a seamless experience.

THE COMMONSENSE WORKFLOW



1. CHECK-IN

Employee arrives for test and scans personalized QR code.



2. TEST

A Mobile Health medical professional collects a nasal swab sample. The entire process is completed in under 30 seconds.



3. RECEIVE RESULTS

Results are reported to your dashboard in real-time. Text notifications are sent to both the individual and organization.

COMPREHENSIVE TESTING SOLUTIONS

From the onset of the pandemic, Mobile Health established relationships with COVID-19 testing manufacturers. We have complete testing access to meet any demand or change during the testing program. We have the experience and resources to anticipate needs and pivot with a solution.

Here is the complete spectrum of COVID-19 tests Mobile Health offers:

TEST	TYPE*	ADMINISTRATION	TURNAROUND	SPECIFICITY	SENSITIVITY
Quidel QuickVue Antigen	POC	Nasal	15 Min	100%	88%
Abbott BinaxNow Antigen	POC	Nasal	15 Min	98.5%	97.1%
Accula PCR	POC	Nasal	30 Min	100%	96%
Lab Based PCR	Lab	Nasal	36 Hours or Less	Close to 100%	Close to 100%
Pooled PCR	Lab 25/pool	Nasal	36 Hours or Less	Close to 100%	Close to 100%

*POC: Point of Care

All on-site testing options require employers to have 100 or more employees.

100 OR FEWER EMPLOYEES? Mobile Health equips employers with at-home self-administered tests. We also supply the technology to report and track results, allowing you to protect your workforce.

POOLED TESTING: COST-EFFECTIVE COMPLIANCE

A pooled PCR testing program is a cost-effective weekly testing solution. OSHA has stated that pooled testing is an accepted form of testing and meets ETS regulations. Mobile Health's pooled testing program allows employers to test up to 24 samples together. This significantly reduces weekly testing costs, as individual tests are only performed if the pool is positive.

POOLED VS INDIVIDUAL TESTING?

Pooled testing is the most cost-effective solution for weekly testing. However, an increase positivity rates may warrant a change from pooled to individual testing. Mobile Health consults with you to identify community and workplace transmission or positivity rates and will recommend when or if to make this change.

EFFORTLESS OSHA COMPLIANCE

OSHA ETS compliance is dependent on record keeping. On-site testing eliminates the reliance on your employees to secure and deliver their weekly testing records. Our award-winning portal keeps you up to date in real-time with every record you need. No more emailing, downloading, or printing. Our portal can integrate **directly with your ATS/HRIS system** sending records and results automatically from our platform to yours.

SPEED MATTERS

When it comes to disease testing, speed matters. We report results in real time:



RAPID ANTIGEN AND PCR
WITHIN 15 MINUTES



LABORATORY BASED TESTING
IN UNDER 24 HOURS

Our technology is built for testing, and it shows. A bird's-eye view for you and individual results sent straight to employees by text. With one glance, you can understand testing statuses and results because they are organized and color-coded with no click-throughs required.

SAMPLE PROGRAMMING

OPTION 1: POOLED PCR

UNVACCINATED EMPLOYEES

Required testing for unvaccinated employees per OSHA ETS guidelines.

Type: Pooled PCR Testing

Frequency: Once per week

VACCINATED EMPLOYEES

Not required, but suggested to pull a random sample of 10% to monitor for breakthrough infection.

Type: Pooled PCR Testing

Frequency: Once per week

OPTION 2: RAPID ANTIGEN

UNVACCINATED EMPLOYEES

Required testing for unvaccinated employees per OSHA ETS guidelines.

Type: Rapid Antigen (individual)

Frequency: Once per week

VACCINATED EMPLOYEES

Not required, but suggested to pull a random sample of 10% to monitor for breakthrough infection.

Type: Rapid Antigen (individual)

Frequency: Once per week

RESPIRATORY PROTECTION

PREVENTING AN OUTBREAK

Standard non-medical masks [protect against 20-50% of airborne particles](#), while fit-tested N95s protect against 95% of airborne particles. Respirator fit testing is now being utilized in office spaces, schools, and for everyday wear to decrease the transmission of COVID-19.



CONSIDER HAVING YOUR STAFF WEAR
A FIT-TESTED N95 RESPIRATOR

Mobile Health provides over 350,000 respirator fit tests annually for our partners to ensure their employees are protected against COVID-19 and other airborne illnesses.

RESPIRATORY SOLUTIONS

How can you provide fit testing for your employees?

ON-SITE FIT TESTING

Fit test anytime, anywhere. We are an end-to-end operation – providing the team, testing, and technology for effortless on-site testing.



Fully Equipped Clinical Teams



24/7 Availability



Multi-Site Testing

MOBILE HEALTH FIT KIT™

Our self-administered, all-in-one kit for in-house fit testing. We ship our FIT KIT™ directly to you and make sure you're ready to fit test like a pro!



OSHA-Standard Fit Testing Supplies



Live Interactive Training



24/7 Mobile Health Support

YOUR QUESTIONS, ANSWERED

What are the OSHA fines/penalties for not complying with the testing order?

Failure to implement or enforce the requirements of the ETS could result in a citation of up to \$13,653 per violation. Willful violations could result in a fine as high as \$136,532.

How do employers determine if they meet the 100-employee threshold?

Employees are counted across all locations including part-time, seasonal, and work-from-home employees.

Do unvaccinated employees who work remotely need to submit to weekly COVID-19 testing?

No. The requirements of the standard do not apply to the employees who do not report to a workplace where other individuals such as coworkers or customers are present or while working from home.

If an unvaccinated employee only comes into the workplace once a month is that employee required to be tested every seven days?

No. The employee does not need to be tested for COVID-19 on a weekly basis. However, the employer must ensure the employee is tested for COVID-19 within seven days prior to returning to the workplace and provides documentation of that test result.

Do employees who have received one dose of a two-dose sequence have to test weekly? Will employees who have received a second dose but are not yet two weeks past that second dose need to test weekly?

Employers must ensure that each employee who is not "fully vaccinated" complies with the ETS testing requirements. In the case of a two-dose primary vaccination series (e.g., Pfizer-BioNTech and Moderna), an employee is not considered "fully vaccinated" until two weeks after receiving the second dose of the series. Therefore, employers would need to ensure employees continue to test weekly until two weeks after receiving their second dose.

How long will the ETS be in effect?

OSHA anticipates that the ETS will be in effect for six months from the date of publication in the Federal Register. However, OSHA will continue to monitor trends in COVID-19 infections and will update the ETS accordingly.

When can an employee return to work after a positive COVID-19 test?

Employees can return to work 10 days after symptom onset/positive test and after resolution of fever for at least 24 hours.

How do the testing requirements apply to those employees who previously tested positive for COVID-19?

The standard provides that when an employee has received a positive COVID-19 test, the employer must not require that employee to undergo COVID-19 testing for 90 days following the date of their positive test or diagnosis. This prevents false-positive results. However, when the employee returns to work, they must continue to wear a face covering.

Do I have to maintain a copy of each COVID-19 test result for each of my unvaccinated employees?

Yes. The employer must maintain a record of each weekly test result for the entirety of the ETS.

Can my employees take an at-home test and provide the results to me?

Yes. However, this has potential impacts on the spread of infection should an employee falsify results.

WHY MOBILE HEALTH

Be it 100 or 100,000 tests, we know how to quickly build and execute a program with no disruption to everyday work life. We are a turnkey operation that doesn't burden your current employees with testing and record-keeping duties. We provide the tests, our team administers the test, we take ownership of transporting the samples to our laboratory, and your results are reported to your secure, HIPAA-compliant portal.

Mobile Health has streamlined the COVID-19 protection experience. We have designed a paperless check-in system with flexible scheduling on one secure platform. Your employees can be tested and cleared in under 15 minutes on their schedule. The Mobile Health team creates a comfortable experience and gets the job done quickly. Your client portal gives you instant access to results and sends results to your employees as a test notification directly to their phone.

WE BELIEVE IN SIMPLICITY

Simple to work with, simple to execute, simplicity in our pricing, and simplicity in the way we create a customized campus plan. We are a full-service, end-to-end testing operation to provide peace of mind for you and your students. We think of employee health and safety in terms of common sense. To date, Mobile Health has been the testing partner of record for hospitals, K-12 schools, municipalities, and private employers across the nation. We bring experience in designing testing programs that meet the unique needs of any organization while maintaining a safe, effective, and affordable program. This vast experience is what sets Mobile Health apart and is built upon our 38 years of already successful occupational health programs.



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