



Patient Portal User Guide for PPL

How to Log In the First Time

1. Open your web browser and go to <https://patients.mobilehealth.com/login/user-login?authcode=tJHOlmsXFcmK>
2. You will receive an email with a passcode to proceed. Get the passcode from your email (check your spam folder if you don't see it in your inbox) and copy and paste it where prompted.
3. Click "Authenticate" and you'll be logged in and taken to the "Welcome" page.

Mobile Health

WELCOME

Welcome to Mobile Health! In order to create an account, schedule an appointment, or view upcoming appointments, enter your email address below to get started.

GET STARTED

Email Address *

You will receive an email with a passcode, valid for 15 minutes, after you click the button below. If you do not receive an email shortly, please check your spam folders.

SEND PASSCODE

Subsequent Logins

After you've logged in once, here's how to log in again:

1. <https://patients.mobilehealth.com/login/user-login?authcode=tJHOlmsXFcmK>
2. Enter your email address if it isn't auto filled.
3. You will receive an email with a passcode to proceed. Copy the passcode from your email and enter it where prompted. Click "Authenticate" and you'll be logged in and taken to the "Welcome" page.

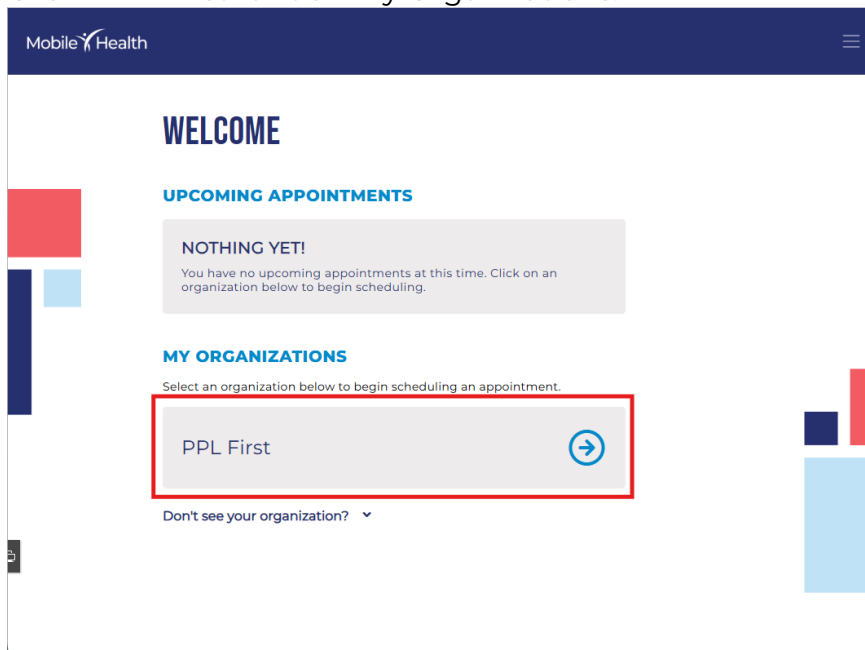
Welcome Page

From the “Welcome” page, you can schedule and manage your appointments.

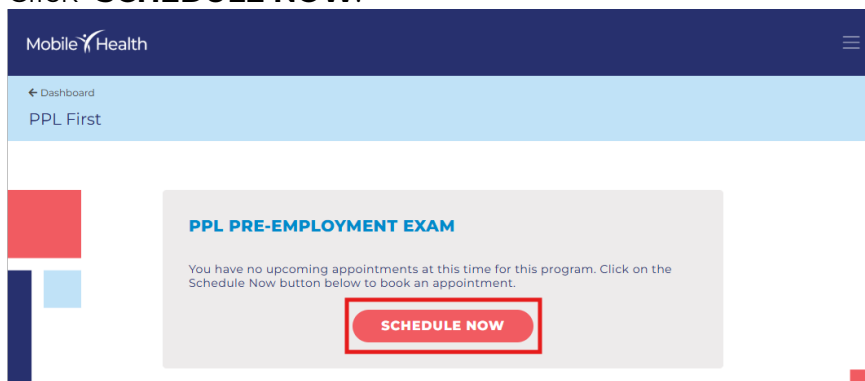
To Schedule an Appointment

If at any point you need to make changes, click “^” next to the section you need to edit. Click “**CONTINUE**” to confirm you want to make changes.

1. Log in.
2. Click “PPL First” under “My Organizations.”



3. Click “**SCHEDULE NOW.**”



4. Mobile Health received your information from PPL. Please review it. If anything is incorrect, **contact PPL** ASAP to have them update it. Click “**CONTINUE.**” A confirmation message will appear.

- Under “Online Procedures” click the box to the right of “Patient Self Health Assessment.” Click “**CONTINUE.**”

Mobile Health

← Dashboard
PPL First

1 PATIENT INFORMATION

2 ONLINE PROCEDURES

The assessments listed below may be performed online by you without the need for an in-person visit. Other assessments may still require an in-person visit.

Patient Self Health Assessment ☒

CONTINUE

3 PROCEDURES

4 SCHEDULE

5 REVIEW

6 CONFIRM

- All procedures are required and already selected for you. Click “**CONTINUE.**”

Mobile Health

← Dashboard
PPL First

1 PATIENT INFORMATION

2 ONLINE PROCEDURES

3 PROCEDURES

Choose your desired procedures below. Any procedure that has a gray check mark is required by your organization as part of the package. All others you may opt in or out of.

Individual Procedures

History & Physical - to be used for PPL	<input checked="" type="checkbox"/>
Measles (Rubeola) Titer	<input checked="" type="checkbox"/>
QuantIFERON TB Blood Test	<input checked="" type="checkbox"/>
Rubella Titer	<input checked="" type="checkbox"/>
Self Health Assessment <i>Online procedure counts for this procedure</i>	<input type="checkbox"/>

CONTINUE

4 SCHEDULE

5 REVIEW

Enter your zip code and adjust desired travel distance (ranges between 5 and 100 miles) under “Maximum Distance.”

Mobile Health

← Dashboard
PPL First

1 PATIENT INFORMATION
2 ONLINE PROCEDURES
3 PROCEDURES
4 SCHEDULE
5 REVIEW
6 CONFIRM

Location

ZIP Code: 11101 Maximum Distance: 5 Miles

Available Clinics

- ☐ NEW SYNC 2
1 ave ABCD 332 w
Brooklyn, NY
- ☐ Test Branch
1 ave C 33
New York, NY
- ☐ Ras Branch
560 Lexington Ave 4th floor
New York, NY

View all

7. Choose an available clinic by checking the box next to the clinic’s name. You can check multiple clinics to see time slots for each one. If a list of clinics does not appear, change the zip code or extend the maximum distance.

Mobile Health

← Dashboard
PPL First

3 PROCEDURES
4 SCHEDULE
5 REVIEW
6 CONFIRM

Location

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View all

8. Select desired appointment date and time block. Available times will appear by clinic. If no appointment times appear for any location, a different location, date and/or time block must be selected.

Mobile Health

Dashboard

PPL First

11101 5 Miles

Available Clinics

☒ NEW SYNC 2
1 ave ABCD 332 w
Brooklyn, NY

Test Branch

Apr 2025

04/01/2025

Desired Time Block

☒ Morning (6AM-12PM)
☐ Afternoon (12PM-6PM)
☒ Evening (6PM-12AM)
☐ Night (12AM-6AM)

9. Once you have selected an available time at your location of choice, click **"CONTINUE."**

Mobile Health

Dashboard

PPL First

04/01/2025

Desired Time Block

☒ Morning (6AM-12PM)
☐ Afternoon (12PM-6PM)
☒ Evening (6PM-12AM)
☐ Night (12AM-6AM)

Available Times by Location

NEW SYNC 2
1 ave ABCD 332 w Brooklyn, NY

9:00 AM 10:00 AM 11:00 AM 12:00 PM

Ras Branch
560 Lexington Ave 4th floor New York, NY

9:00 AM 9:30 AM 10:00 AM 10:30 AM 11:00 AM 11:30 AM

CONTINUE

5 REVIEW

6 CONFIRM

10. Review: confirm all information is accurate. Click **“CONTINUE.”**

The screenshot shows the 'Mobile Health' app interface. At the top, there's a dark blue header with the app name and a menu icon. Below it, a light blue bar contains a back arrow and the text 'Dashboard' and 'PPL First'. The main content area has a vertical progress bar on the left with steps 1 through 6. Step 5, 'REVIEW', is currently selected and highlighted. To the right of the progress bar, the 'REVIEW' section displays 'APPOINTMENT DETAILS' (Apr 01, 2025 | 9:30 AM, Ras Branch, 560 Lexington Ave, 4th floor, New York, NY 10022), 'Procedures Included' (Online Procedures: Patient Self Health Assessment; Individual Procedures: History & Physical - to be used for PPL, Measles (Rubeola) Titer, QuantiFERON TB Blood Test, Rubella Titer), and 'Total Due: \$0'. A red rectangular box highlights the 'CONTINUE' button at the bottom of the review section. Below the 'CONTINUE' button, step 6, 'CONFIRM', is visible but not yet selected.

11. Check the box to agree to the Terms of Use and Privacy Policy, then click **“CONFIRM.”**

The screenshot shows the 'Mobile Health' app interface. At the top, there's a dark blue header with the app name and a menu icon. Below it, a light blue bar contains a back arrow and the text 'Dashboard' and 'PPL First'. The main content area has a vertical progress bar on the left with steps 1 through 6. Step 6, 'CONFIRM', is currently selected and highlighted. To the right of the progress bar, the 'CONFIRM' section displays 'Total Due: \$0' and a checkbox labeled 'I have read and agree to the Terms of Use and Privacy Policy.' The checkbox is checked, and a red rectangular box highlights it. Below the checkbox, a red rectangular box highlights the 'CONFIRM' button.

A confirmation message will appear. Click **“DASHBOARD”** to return to the “Welcome” page. Your appointment should now appear under “Upcoming Appointments.”

You’ll receive an email notification confirming you’ve scheduled an appointment.

To Reschedule/Cancel an Appointment

If you need to reschedule your appointment, you will need to cancel the existing appointment and schedule a new one. Here's how:

1. Log in following the directions on page 1.
2. From the "Welcome" page click on your upcoming appointment.
3. Select "**CANCEL APPOINTMENT.**"

You'll receive an email notification confirming you've cancelled your appointment. Once it's cancelled, you can schedule a new one.

Logout

To ensure your information remains private and secure, please click “Logout” from the menu (top right) each time you finish using Patient Portal.

